

CYBERSECURITY AWARENESS

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|--------------------|---------------|---------------------|------------|
| Start Date: | 14/09/2026 | End Date: | 18/09/2026 |
| Categories: | Cybersecurity | Venues: | Barcelona |
| Formats: | In Person | Instructors: | |

OVERVIEW

This awareness course is designed to educate employees across all departments on how to identify and respond to cyber threats. It focuses on real-world scenarios, safe online behavior, and practical tips to protect both personal and organizational data.

OBJECTIVES

By the end of this course, participants will be able to:

- Recognize common cyber threats such as phishing, ransomware, and social engineering.
- Apply best practices for secure email, passwords, and internet use.
- Report suspicious activities and respond appropriately to incidents.
- Understand the consequences of cyber negligence.
- Promote a culture of cybersecurity awareness in the workplace.

COURSE OUTLINE

1- Cyber Threats and Attack Methods
2- Email, Browsing, and Password Safety
3- Secure Device and Mobile Usage
4- Reporting and Responding to Incidents
5- Building a Cyber-Aware Culture

TARGET AUDIENCE

All Supervisory Levels, All employees across departments, especially non-technical staff and frontline workers.

METHODOLOGY

Interactive scenarios, phishing simulations, gamified quizzes, and digital hygiene exercises.

CONCLUSION

Participants will become the first line of defense by adopting cyber-safe behaviors and promoting vigilance.

DAILY AGENDA

Day 1: Understanding Common Threats

Recognize phishing, malware, and other common cyber attacks.

Day 2: Safe Digital Behavior

Explore best practices for browsing, email, and device security.

Day 3: Password and Access Control

Build secure credentials and use two-factor authentication.

Day 4: Incident Response Basics

Know how to report threats and protect company data.

Day 5: Creating Cyber Culture

Promote awareness, reduce risk, and embed safe habits.

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