

VIRTUAL PRESENCE: OWN THE ROOM ONLINE

Start Date:	20/09/2026	End Date:	24/09/2026
Categories:	Business Communication	Venues:	Muscat
Formats:	In Person	Instructors:	

OVERVIEW

This course helps professionals boost their presence, credibility, and connection in virtual settings. Participants will learn how to use body language, voice, technology, and storytelling to lead and engage with confidence in digital environments.

OBJECTIVES

By the end of this course, participants will be able to:

- Build virtual presence that communicates clarity and confidence.
- Use voice, posture, and facial expression to engage remote audiences.
- Structure online messages and visuals for maximum impact.
- Facilitate engaging and inclusive virtual meetings or sessions.
- Handle disruptions and maintain professionalism online.

COURSE OUTLINE

- 1- The Psychology and Tools of Virtual Presence
- 2- On-Camera Body Language, Voice, and Framing
- 3- Structuring and Delivering Virtual Messages
- 4- Engaging Remote Participants Through Interaction
- 5- Managing Challenges, Tech, and Digital Stage Fright

TARGET AUDIENCE

All Supervisory Levels, Facilitators, managers, sales professionals, trainers, and executives who lead or present online.

METHODOLOGY

Video practice with feedback, delivery labs, digital engagement drills, presence coaching, and tech-enhanced storytelling.

CONCLUSION

Participants will leave ready to own their virtual space—whether leading a meeting, delivering a presentation, or facilitating a team online.

DAILY AGENDA

Day 1: Own the Virtual Room

Understand presence and influence in digital environments.

Day 2: Speak with Impact

Use voice and body language to hold attention online.

Day 3: Structure Your Message

Craft compelling, clear content for virtual delivery.

Day 4: Engage and Include

Facilitate interaction and participation in remote settings.

Day 5: Handle It with Confidence

Manage tech, nerves, and distractions with calm authority.

Page 2 of 3

For more information, please contact us:

Email: info@gatewayconsulting.com | Phone: +96522968641

<https://gatewayconsulting.com>