

MANAGING UPWARD: INFLUENCING YOUR BOSS

Start Date:	20/09/2026	End Date:	24/09/2026
Categories:	Leadership Development	Venues:	Dubai
Formats:	In Person	Instructors:	

OVERVIEW

This course teaches professionals how to effectively manage relationships with senior leaders and direct supervisors. Participants will gain tools to communicate upward with clarity, manage expectations, and build trust with those in positions of authority.

OBJECTIVES

By the end of this course, participants will be able to: - Understand the dynamics and expectations of upward relationships. - Communicate priorities, updates, and requests clearly and effectively. - Anticipate leadership needs and tailor information accordingly. - Manage difficult conversations and push back respectfully. - Position themselves as strategic partners, not just task executors.

COURSE OUTLINE

1- Understanding the Upward Relationship Dynamic 2- Communicating with Clarity, Confidence, and Brevity 3- Anticipating Needs and Reading Leadership Styles 4- Navigating Disagreements and Giving Upward Feedback 5- Becoming a Trusted, Strategic Contributor

TARGET AUDIENCE

All Supervisory Levels, Mid-level professionals, project leaders, team leads, and emerging managers who report to senior leadership.

METHODOLOGY

Role-plays, stakeholder mapping, communication planning, case practice, and feedback coaching.

CONCLUSION

Participants will leave with strategies to manage up confidently and influence senior stakeholders with professionalism and impact.

DAILY AGENDA

Day 1: Decode the Dynamic

Explore what managing up means and how to build trust upward.

Day 2: Speak Their Language

Adapt your updates and input to your boss's style and priorities.

Day 3: Stay Ahead of the Ask

Anticipate needs, clarify expectations, and add strategic value.

Day 4: Manage Difficult Moments

Deliver bad news and push back without damaging the relationship.

Day 5: Be a Thought Partner

Position yourself as someone who thinks like leadership.

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