

ADAPTIVE COMMUNICATION STYLES

Start Date:	06/07/2026	End Date:	10/07/2026
Categories:	Business Communication	Venues:	Barcelona
Formats:	In Person	Instructors:	

OVERVIEW

This course helps participants identify their communication style and flex it effectively to engage with different personalities and settings. It's about adjusting tone, content, and approach to connect, lead, and collaborate more effectively.

OBJECTIVES

By the end of this course, participants will be able to: - Identify their dominant communication style and how it's perceived. - Adapt communication to different personalities and power dynamics. - Navigate conflict, feedback, and persuasion with tailored messages. - Lead conversations with clarity, empathy, and impact. - Build stronger professional relationships through flexible communication.

COURSE OUTLINE

1- Know Your Style: DISC, Social Styles, or Similar Frameworks
2- Reading the Room: Adapting to Others' Communication Needs
3- Flexing for Conflict, Persuasion, and Collaboration
4- High-Stakes Communication Tactics
5- Leading with Communication Agility

TARGET AUDIENCE

All Supervisory Levels, Managers, HR professionals, project leads, and anyone whose work requires influence, collaboration, or navigating diverse perspectives.

METHODOLOGY

Style assessments, communication simulations, adaptive role-plays, guided feedback labs, and scenario challenges.

CONCLUSION

Participants will leave with a toolkit to flex their style across personalities and contexts while staying authentic and effective.

DAILY AGENDA

Day 1: Understand Your Style

Assess your communication style and explore how others may perceive it.

Day 2: Flex for Connection

Learn to adapt your message and tone to different styles and contexts.

Day 3: Communicate Through Conflict

Practice tough conversations using style adaptation techniques.

Day 4: Be Clear and Persuasive

Craft messages that align with the listener's motivators and needs.

Day 5: Stay Agile Under Pressure

Apply adaptive skills to real-life team and leadership challenges.

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