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STRATEGIC ANALYSIS & PROBLEM SOLVING

Start Date:	14/03/2027	**End Date:**	18/03/2027
Categories:	Wellbeing & Personal Dev	**Venues:**	Dubai
Formats:	In Person	**Instructors:**	

OVERVIEW

Strategic thinking and structured problem-solving are essential for teams operating in fast-paced, high-stakes environments. Strategic Analysis & Problem Solving equips teams with tools to assess their own performance dynamics, remove internal and external barriers, and apply structured models for solving challenges with clarity and intention. Drawing on behavioral psychology—specifically Problem Solving Training (PST) by D'Zurilla and Goldfried—alongside modern decision-making frameworks, this program empowers teams to shift from reactive behaviors to proactive, analytical mindsets that drive sustained high performance.

OBJECTIVES

By the end of this course, participants will be able to: – Analyze current team dynamics using confidence-performance mapping – Identify and mitigate internal (emotional, cognitive) and external (environmental, interpersonal) barriers to performance – Apply the Problem-Solving Training (PST) methodology to real-world team tasks – Develop action plans that shift tasks from low-confidence or high-anxiety zones to peak performance states – Use structured frameworks to define problems, generate options, and evaluate solutions – Apply critical thinking, root cause analysis, and cognitive bias checks to complex team decisions – Foster a team culture of ownership, adaptability, and collaborative problem-solving

COURSE OUTLINE

Team Dynamics and Performance Mapping Internal vs External Barriers to Execution Problem-Solving Training (PST) Framework Application Strategic Decision-Making and Action Planning Bias-Aware Thinking and Root Cause Analysis Building Accountability Through Shared Ownership Collaborative Scenario-Based Problem Simulations Creating and Sustaining a High-Performance Culture

TARGET AUDIENCE

This course is ideal for All Supervisory Levels, middle management teams, cross-functional groups, project delivery teams, and leadership units seeking to enhance team cohesion, strategic thinking, and problem resolution under pressure.

METHODOLOGY

The program uses a behavioral science-driven, hands-on approach combining interactive strategy simulations, team mapping exercises, and scenario-based group work. Participants use tools like the Team Performance Quadrant, Barrier Scenario Labs, and the Problem Solving Training (PST) model to practice iterative thinking, decision evaluation, and problem deconstruction. Real team challenges are integrated into each activity to ensure immediate relevance. Best practices in critical thinking (e.g. root cause analysis, decision trees, Pareto thinking, 5 Whys) are layered throughout, ensuring learning is both strategic and actionable.

CONCLUSION

Participants leave with enhanced strategic awareness, a practical problem-solving framework, and a shared team language for addressing barriers, identifying solutions, and moving toward high-performance execution across tasks.

DAILY AGENDA

Day 1: Mapping Team Dynamics & Performance Gaps

Use performance quadrants to assess team confidence, anxiety, and productivity across key tasks, and surface internal and external barriers limiting high performance.

Day 2: Solving Barriers Through Behavioral Frameworks

Apply the PST methodology to define core problems, ideate strategic solutions, and align on team-driven action plans that move tasks into high-confidence, high-output territory.

Day 3: Strategic Thinking, Bias Awareness & Execution Planning

Integrate strategic analysis tools like root cause mapping and decision filters to strengthen team decision-making and embed problem-solving as a repeatable cultural habit.

Day 4: Critical Thinking & Bias-Resistant Decision Making

Strengthen strategic clarity by applying tools like root cause analysis, cognitive bias mapping, and structured decision matrices to ensure logical, objective, and well-prioritized problem resolution.

Day 5: Embedding a Problem-Solving Culture

Transform reactive habits into proactive strategy by designing team rituals, shared language, and feedback loops that reinforce long-term problem-solving agility and high-performance thinking.

For more information, please contact us:
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